

5v5 Game Format Grade 2 Soccer Program

OVERALL OBJECTIVES

- **FOCUS ON SKILLS - NOT TACTICS**
- **EVERYONE TOUCHES THE BALL – A LOT!!**
- **KEEP THE GAME MOVING**
- **HAVE FUN**

1. **Field Size: Approximately 25 yards x 40 yards, goals about 2 yards wide**
2. **Players: 5 vs. 5 - play a “2-1-2 formation”; no goalkeeper (i.e. hands are NOT allowed)**
3. Referees: The Coaches (The coach who is referee should not be coaching while on the field. Have one team supply a ref for each half, use other team coach to do coaching while one coach is acting as referee)
4. Playing Time: Four Quarters of 8 minutes each - running time
5. Off-side: None
6. Start of Each Quarter: Team with ball starts half-way between mid-field and their own goal; defensive team starts at mid-field. Center forward must pass the ball to a teammate to start play. Each team starts with the ball twice during a game.
7. After a Goal: Team scored upon starts with the ball in same position as at the beginning of a quarter.
8. Out of Bounds: **CALL THIS CLOSELY - WE'RE TRYING TO ENCOURAGE CONTROL** (whole ball must be over the whole line.)
 - • On the side: Team who did not touch ball last gains possession; ball placed on side-line and kicked in to team-mate. Defensive team must be 3yds from kicker. **NO THROW-INS,**
 - • **At Goal-Line: Last touched by the offensive team results in a goal kick; last touched by the defensive team results in a corner kick.**
9. **Intentional** Hand Ball: Team who did not touch ball takes possession; kicker must pass to team-mate (cannot score.) Defense must be 3 yards away.
10. Substitutions: At beginning or middle of quarter (Injuries excepted.)
11. **Goal Scoring: Every offensive player (including the sweeper) MUST be *over mid-field*; otherwise it's a goal kick for the defending team**
12. Coaches should focus on development of foot skills; heading should not be practiced.

*****Changes from 3 vs. 3 rules are in bold type.**