

7v7 Game Format Grade 3 Soccer Program

OVERALL OBJECTIVES

- Introduce Positioning and Formations
 - Emphasize foot skills and introduce passing/movement
 - Good Sportsmanship
1. Players: 7 vs. 7 – 6 Field Players with 1 Player as a Goalkeeper
 2. Goalies can use their hands anywhere in the goal area. During play, if a goalie places the ball on the ground it is live. Goalies are encouraged to throw the ball out instead of punting.
 3. Referees should be taking the time to teach the rules during the game.
 4. Playing Time: Two 25 min halves with a 5 minute break for halftime. If a team has limited substitutions or if it is a hot day we will add water breaks in halfway through each half.
 5. Off-side: None
 6. Start of Each Half: Team with ball starts at mid-field. Pass the ball to a teammate to start play. Ball does not have to go forward on the kickoff. Each team starts with the ball once during a game.
 7. After a Goal: Team scored upon starts with the ball at midfield. Same position as at the beginning of a half.
 8. Out of Bounds: CALL THIS CLOSELY - WE'RE TRYING TO ENCOURAGE CONTROL (whole ball must be over the whole line.)
 9. On the sideline: Team who did not touch ball last gains possession and will use a **Throw-In** to start play. Emphasize two hands on the ball, over the players head, and try to keep both feet on the ground. We can be lenient on keeping feet on the ground, but the motion of both hands overhead is important.
 10. At Goal-Line:
 - a. Last touched by the offensive team results in a **goal kick**
 - i. Opposing **team must retreat to half during a goal kick**
 - b. Last touched by the defensive team results in a **corner kick**
 11. Intentional Hand Ball: Team who did not touch ball takes possession; kicker must pass to team-mate (cannot score.) Defense must be 3 yards away.
 - a. Accidental handballs happen a lot at this age. We'll ask the referees to call this lightly and allow the players to play on in most situations.
 12. Substitutions: At beginning the half (except of injuries) – or by coaches request on any stoppage of play. Get the coaches attention during a stoppage to make a substitution.
 13. Heading should not be practiced and is not allowed at this age level.